## TEK RETIREE NEWS

Tektronix Retiree Volunteer Program



Web Page: www.tekretirees.org

A Newsletter for and by Tek Retirees

MAY 2006



## The gift of mobility...make a community connection

Ride Connection invites you to bring your community closer for a senior or neighbor living with a disability. Volunteers provide door to door rides to medical appointments, shopping, senior activities and other essential destinations. Help people stay connected in their community. Mobility is an important gift you can give as a volunteer driver.

Ride Connection asks you to consider becoming a volunteer driver with one of our community agencies. Important skills for this volunteer position are: reliability, good driving record, courtesy and flexibility. A criminal background check is required for volunteer drivers. Training, support and recognition are available to volunteers.

Ride Connection's mission is "to link accessible, responsive transportation with community needs." Volunteers provide an important link in our community. Seniors and people with disabilities want to be involved and active. Volunteers help provide accessible, responsive transportation in a very personal way.

You are invited to get involved. Call 503-528-1738 or email Patty McNally, Ride Connection Volunteer Recruiter/Out-reach Specialistat:

pmcnally@rideconnection.org.

Visit our website at:

www.rideconnection.org.

#### Kerr Center Volunteers Needed

By: Bill Swift

After I retired from Tek in 1983, my wife Corinne decided she wanted to do some worthwhile volunteer work. She became involved with The Old Kerr Nursery Assn., known as Tokna, which is a part of the Albertina Kerr Center, run by volunteers.

The Albertina Kerr Center organization operates 40 group homes, most in the Portland Metro area. These group homes provide 24 hour care, and life-skill training for children and adolescents with severe mental health needs and developmental disabilities, whose families cannot care for them. The Kerr Center is the only organization in Oregon to offer a comprehensive array of services for people who are seriously handicapped. Kerr also maintains homes for adults with severe disabilities, many of whom require around-the-clock care. There is always a waiting list of applicants.

The Old Kerr Nursery Assn. (Tokna) is located at 424 NE 22nd and Burnside in the Albertina Kerr Home which is a historic landmark. Several businesses operate there, staffed by volunteers. All proceeds go to help fund the Kerr Center programs. There is Albertina's Restaurant, a Gift Shop, the Kerr Economy Jar, offering antiques and collectibles, and the Kerr Thrift Shop.

Albertina's does catering for weddings and receptions and other special occasions. New volunteers are always needed to work in these businesses. Being part of Tokna is so rewarding and worthwhile, as are the new friends you meet volunteering there. This year Tokna celebrates their 25th year. If you would like to join us you can call our volunteer coordinator at 503-231-3909. My wife Corinne would also be willing to talk to you about her experience at Kerr Center. Call her at 503-645-9584.

#### Willamette West Habitat for Humanity Welcomes New Executive Director

Bill Gellatly has taken on the role of executive director of WWHfH. Prior to this new position, Bill served as a site supervisor for the WWHfH chapter. As such, Bill was in charge of specific houses to be built, coordinated volunteer duties, trained volunteers and participated in building houses.

As executive director, Bill will lead the chapter's effort in fundraising, and manage Board of Director relations and legal matters in accordance with the direction, policies and goals of WWHfH. He also will become the face of WWHfH to government agencies, community organizations, Christian ministries, prospective and current homeowners, and the general public.

WWHfH's key goal is to build eight houses in 2006 and to increase that amount by two houses each successive year. The chapter is currently building homes in Beaverton and Hillsboro.

"Personally, I'd like for us to have a program that is as good at homeowner success as it is in homebuilding," said Bill. "One measure of that success will be to have a family sell a home before the end of their mortgage because they're ready to move into mainstream, commercially priced housing."

Prior to joining WWHfH, Bill worked at Tektronix, where he gained more than 25 years of product design experience and 10 years of management experience.

As a college student, he took a wide range of liberal arts, exploring interests in architecture, social science and even performing arts. While Bill settled into engineering as a career, he also participated in church music, school politics and a range of neighborhood activities. Welcome Bill!

(See pictures on: www.tekretirees.org)

TRVP Office Hours Monday, Wednesday and Friday 10:00 a.m. to 3:00 p.m.

#### Get your Newsletter on Line

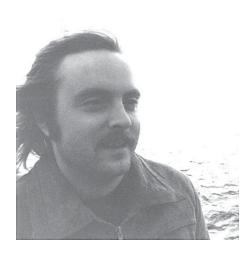
A number of retirees are now getting their newsletter from our Web Site.

www.tekretirees.org.

If you would like to join them send an email to Millie Scott at:

mlscott@easystreet.com

#### Getting hired at Tektronix in 1978



I was near the end of the electronic engineering technology program at Lane Community College in Eugene when the teacher announced that the Tektronix recruiters were coming in a few days to interview potential employees. We were all very excited about that. On the day they would visit, my roommate and I were practically jumping up and down with excitement and anticipation. When it was time to leave for school that day, we literally ran out the door and down the street. My roommate John ran to the bus stop in the middle of town several blocks away. I ran to the first main road and stuck my thumb out. By the time I got to school the recruiters were already there and I was completely out of breath from running. I was a few minutes late. We were given a test and then many of us individually interviewed. The recruiters had a very professional look about them. Gary Hubka was one of them. I was so excited I was almost shaking. I'd heard so many good things about Tek, and had been an electronics hobbyist since I was about three years old, so this was the biggest day of my life so far.

A short time later many of us got invitations to come up to Portland for a tour and further interviewing. What an incredible experience it was to see more than a dozen buildings on something like 600 acres of land. Within a few weeks after that about 12 of us got job offers. The anticipation was constant and electric. Each day we'd go to school and hear that someone else had received an offer. When I got my offer I celebrated so hard I was hung over for days. Tek also paid moving expenses including a motel for a few weeks. It was by far the closest thing I'd ever experienced to the red carpet treatment.

Most of us got hired into bldg 47, into the scopes division. We would be troubleshooting and calibrating the 465, 475 and 485 oscilloscopes on swing shift. Marv Baska was the "calibrator teacher". Each night we'd get off work at 12:30 a.m. and many of us would go to a bar or to someone's house to socialize. Those of us who were hobbyists were thrilled to find the quality of the electronic parts we could buy through "personal purchases". Every Saturday Morning Matt Kamna and I, and many others would be down at the Tek "country store" waiting in line for the door to open at around 7 a.m. where you could get unheard of deals on old or surplus equipment and parts. Then there were the classes, paid for by Tek, over in the ET building. The Analog Engineering class was taught by Fred Becket, project leader of the worlds first 1GHZ oscilloscope. What a thrill that was. I took as many classes as I had time for, and was constantly busy with hobby projects.

One and a quarter years later I applied for a job in video engineering in bldg 58, three pay ranges higher, and I got the job! Now this was the best day of my life. I couldn't believe it. I would assist one of the best video engineers in the world, Bruce Penney. For three and a half years we cranked out literally the worlds best video generators, a frame synchronizer and various other test equipment, some of which was NBS traceable. We worked with engineers in ICE on three custom made Tek IC's that would help our video A to D, and D to A converters be the worlds best. I got to interact with several other groups around Tek as well. Bruce taught me to ski and we taught each other how to whitewater raft. My official manager was Victor Kong, and then later Dave Jurgensen. One of my best buddies from the 475 group, Matt Kamna, eventually got a job in spectrum analyzer engineering also in bldg 58. What a time that was.

To this day, nothing has ever compared to the thrill and excitement of those early days at Tek. Those were the best years of my life. I'll never forget them.

Bob Richards Rob246@spiritone.com

## TekBots<sup>™</sup> Help Teach ECE Students

With a strong commitment to education, Tektronix is excited about the learning outcomes from the program. Tektronix and Oregon State University have a long history of engineering cooperation,

Tektronix announced it was donating half a million dollars to the Department of Electrical and Computer Engineering to create TekBots<sup>TM</sup>, a new educational experience.

The TekBots<sup>TM</sup> program is revolutionizing engineering education by integrating robots throughout the curriculum instead of just using them in a single course.

This program makes abstract concepts concrete and real, Classes are no longer separate disconnected topics. They equip students with skills and concepts needed for solving real-life problems.

"We see this platform for learning program as a long term commitment to develop quality engineering graduates well schooled in fundamentals and hands-on engineering."

You can see the complete article in the Oregon State University Engineer, Spring 2001.

#### **Mental Health Checklist**

Maintaining good mental health requires self-reflection and taking action. Ask yourself the following questions:

- Are you practicing good self-care for both body and mind?
- Do you get plenty of rest, eat right, get exercise, see a doctor regularly? Do you keep your mind active and "exercised" through learning new things, reading, interacting with others regularly?
- Do you know when to reach out for help?

One of the hallmarks of a mentally healthy person is the willingness to ask for help, when life seems overwhelming or difficult. Can you identify someone you would go to for help in the future?

- Do you know your own best stress management strategies?
- · Can you identify what soothes and comforts you? Do you know how you can manage the stress in your life through relaxation techniques or interacting with supportive friends or family members?
- Do you spend time with at least one friend with whom you can confide?

Social support and the care and concern of others are important. Love is an energizing and growth producing force.

Do you practice good "soul care?"

Many people identify the importance a spiritual practice, time alone for prayerful reflection, meditation, or serene solitude.

(See Mental Health on page 4)

**Adams, Elizabeth – d.** 1/29/2006 At Tek: 1/7/1957 to 4/30/1976 **Addison. Winifred – d. 3/30/2006** At Tek: 9/15/1958 to 4/29/1983 **Bail, Vincent – d.** 1/24/2006 At Tek: 11/30/1955 to 4/29/1983 Balsillie, Loraine – d. 1/20/2006 At Tek: not available Bartell, Nola – d. 3/4/2006 At Tek: 9/29/1958 to 4/5/1974 Belles, Wahnita – d. 3/22/2006 At Tek: not available Bizeau, Linda – d. 8/20/2005 At Tek: 6/20/1977 to 10/30/2001 **Bower, Elizabeth – d.** 3/25/2006 At Tek: 1/1/1957 to 1/1/1968 Brucken, James – d. 3/13/2006 At Tek: 7/13/1959 to 4/1/1977 Carlson, Anna – d. 3/22/2006 At Tek: 9/27/1972 to 12/31/1993 **Chiswell, Stanley – d.** 4/16/2006 At Tek: 1/17/1966 to 12/31/1976 Cunard, Michael – d. 7/31/2004 At Tek: 10/16/1995 to 9/24/1999 **Downey, Judy – d.** 3/5/2006 At Tek: 6/24/1980 to 8/22/1986 **Dreyer, Steven – d.** 8/29/2003 At Tek: 1/15/1980 to 10/17/1990 Dudgeon, Marjorie – d. 1/30/2006 At Tek: 1/28/1959 to 6/22/1973 Elardo, Frank – d. 3/17/2006 At Tek: 5/9/1960 to 8/31/1988 Foster, John – d. 1/29/2006 At Tek: 5/29/1979 to 7/11/1986 Fowlie, William – d. 7/29/1993 At Tek: 4/30/1962 to 2/6/1976 Gault, Mildred - d. 2/15/2006 At Tek: not available **Heiser, Roger – d.** 3/8/2006 At Tek: 4/27/1959 to 4/29/1983

## Retiree Deaths Date: Feb, Mar, & Apr, 2006

Herr, James – d. 3/8/2006 At Tek: 7/7/1958 to 6/15/2002 Hildreth, Angela – d. 1/26/2006 At Tek: 2/16/1959 to 1/16/1981 **Jamison, Elinor – d.** 1/29/2006 At Tek: 8/16/1955 to 9/16/1977 **Janigian, Y** – **d.** 3/22/2006 At Tek: 3/13/1961 to n/a **Johnson. John – d.** 4/14/2006 At Tek: 6/13/1966 to 5/30/1989 **Jones, Esther – d.** 1/30/2006 At Tek: not available **Knight, Gladys – d.** 4/19/2006 At Tek: 8/29/1966 to 9/6/1976 **Linville. Dorothea – d.** 3/10/2006 At Tek: 10/2/1972 to 7/11/1986 **Liston, Donald – d.** 3/29/2006 At Tek: 6/22/1987 to 5/28/1991 Martyn, Ida – d. 3/8/2006 At Tek: 8/21/1967 to 7/11/1986 Mc Evoy, Margaret - d. 1/29/2006 At Tek: 2/2/1959 to 10/30/1970 Mc Garvey, Sheila – d. 2/8/2006 At Tek: 2/9/1970 to 5/1/1986 Morton, Steven – d. 12/10/2005 At Tek: 6/13/1966 to 12/4/1993 Nickerson, Ruby – d. 1/17/2006 At Tek: 1/20/1969 to 9/30/1977 Oswald, James – d. 3/17/2006 At Tek: 8/29/1969 to 7/28/1995 Owen, Richard – d. 3/24/2006 At Tek: 4/1/1959 to 8/22/1986 **Potthoff, Olive – d.** 10/4/2005 At Tek: not available Quinn, Marilyn – d. 2/24/2006

**Rast, Ethel J. – d.** 4/17/2006 At Tek: 1/23/1978 to 10/5/1999 Rockstad, Gertrude – d. 1/15/2006 At Tek: 7/14/1975 to 12/30/1988 **Sabo, Teruko – d.** 2/28/2006 At Tek: 4/3/1978 to n/a **Sasse, Linda – d.** 2/8/2006 At Tek: 7/5/1966 to 6/24/1976 **Simonsen, Richard – d.** 1/19/2006 At Tek: 2/7/1977 to 7/26/1995 Stark, Chester – d. 2/23/2006 At Tek: 6/6/1960 to 8/22/1986 Stearns, Mary – d. 4/15/2006 At Tek: 7/12/1965 to n/a **Stevens, Floyd – d.** 3/8/2006 At Tek: 6/13/1960 to n/a **Stickney, Gene – d.** 3/2/2006 At Tek: 3/12/1962 to 6/7/1985 Sumerlin, Barbara – d. 4/5/2006 At Tek: 9/19/1979 to 5/27/1994 **Tallman, Donna – d.** 1/15/2006 At Tek: 12/5/1960 to 9/1/1982 **Tucker, Emma – d.** 2/2/2006 At Tek: 8/21/1961 to 11/14/1975 **Tupper, Bessie – d.** 3/12/2006 At Tek: 4/22/1957 to 10/5/1969 **Uding, Richard – d.** 3/5/2006 At Tek: 7/19/1965 to 12/30/1974 Vsetecka, Marie – d. 1/21/2005 At Tek: 2/16/1959 to 1/1/1982 **Wallis, Thelma – d.** 1/22/2006 At Tek: 3/19/1979 to n/a **Whiteside**, **John** – **d.** 4/3/2006 At Tek: 10/10/1956 to 4/29/1983 Wismer, Alfred – d. 4/12/2006 At Tek: 6/6/1962 to 1/31/1977 **Woods, Florence – d.** 1/16/2006 At Tek: 11/13/1972 to 9/1/1981 Zimmerman, Patricia – d. 4/5/2006 At Tek: 9/11/1972 to 12/31/1990



# Rich Amber: I ain't dead yet. I was just informed by an old friend that there is a rumor going around Beaverton area that Rich Amber died a couple of years ago. I am writing to let you know that is not true; I just moved to South Dakota. For any fellow Tekkies who might want to discuss my supposed demise, I, Rich Amber (at Tek from 1976 to 1997), can be contacted at:

email: quanta@gwtc.net 17338 US Hwy 212 Faith, SD 57626-7008

(More information next issue)

#### PLEASE NOTE

#### ADDRESS CHANGE PROCEDURE MODIFIED AGAIN

#### Effective 9-1-2005 all address changes must be reported as follows:

Anyone who is a post employee with Retiree Medical and/or Life Insurance or who participate in the Cobra Plan will need to report their changes in writing to A & I. You must include your signature and Social Security Number.

At Tek: 1/20/1982 to n/a

Tektronix Post Employment Services c/o A & I Benefit Plan Administrators,
Inc.

1220 SW Morrison St., Suite 300 Portland, OR 97205-2222 Phone: 503-222-7700

Toll Free: 1-800-778-7956

Anyone who has a <u>pension and/or 401K</u> benefit must contact Mercer to change their address directly with

them. Please include your signature and Social Security number.

Mercer Human Resource Services Attn: Tektronix Group PO Box 9740 Providence, RI 02940 Phone: 1-888-835-7837

If your newsletter label includes the notation "SUPDIST" Subscriber" notify the Tektronix Retiree Volunteer Program staff of any change of address, address corrections, etc.

Tektronix Retiree Volunteer Program MS/58-037 PO Box 500 Beaverton, OR 97077 Phone: 503-627-4056

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**Editorial** 

By Louis Sowa

Apologies to Mark Balcom for not getting his article on the sailing vessel Kaiulani in this issue, it will be in the next issue.

Dave Brown, VP of Engineering and Roland Crop of Sales Training put on an excellent program for Tek Retiree's Luncheon highlighting new instruments.

(See pictures on www.tekretirees.org).

#### Mental Health (cont from page 2)

Spending time within a faith community or practice can teach us wisdom and offer strategies for coping with life's challenges. It is important to learn how to forget the hurts, forgive the wrongs, to let go of the painful elements of our past.

•Do you participate in a regular activity that is fun, relaxing or creative?

Experts on creativity indicate that playing, laughter and participating in creative activities enhances our ability to enjoy life. Know how to maintain a playful attitude.

•Do you identify and celebrate your success?

It is important to know and to affirm your success.

### John Gates Continues Internet Service

John was way ahead of the rest of us with an internet communication tool. For those of you with internet access see page five of the internet version of this TRN at: Tektronix Retiree Volunteer Program M/S 58-037, PO Box 500 Beaverton, OR 97077-0001 Presorted Standard U.S. Postage PAID Beaverton, OR Permit No. 1

www.tekretirees.org

There is a full explanation there of how to use John's resources.

#### Tek Retiree's Northern Reunion

By: Neil Robin and Gene Andrews

A few Tek Retiree's live in the Northern half of Washington State and we thought it would be nice to have an informal reunion at a nice summer gathering place. Let us know if you would be interested in attending.

Date: August 12, 2006 Time: 1:30 p.m. (No Host Lunch) Place: Silver Water Cafe 237 Taylor Street (next to Rose Theatre) Port Townsend, WA.

Activities: Very informal. After lunch we can go to the Fort Worden Beach, Chetzemolka Park or a walk around town enjoying this historic area. Whatever participants would like to do and physical restrictions allow.

If you are interested please let Neil know by email at:

neil@robin-wood.com

#### Calendar

#### Marconi's Cronies

Meet the 2nd Wednesday of each month: 12:00 a.m. at J.J.North's Buffet Restaurant Northeast Halsey at 105th Portland, OR

> Contact: Jack Riley for details Phone: 503-235-5267

#### **CRT Luncheons**

3rd Tuesday of each month at 11:30 AM at the Home Town Buffet located at 13500 SW Pacific Highway in Tigard, OR

> Contact: Jack Neff for details 1301 East Fulton St., Apt. 241 Newberg, OR 97132-1870 Phone: 503-554-7440

#### PCB Design Old Timer's Luncheon

Meet the 3rd Wednesday of each month.
Time: 12:00 a.m.
Where: Peppermill Restaurant
Farmington Mall
Corner of Farmington and Kinnaman Rd.
17455 SW Farmington Rd. #26B
Aloha, OR 97007

Web Page: www.geocities.com/pcboldies/

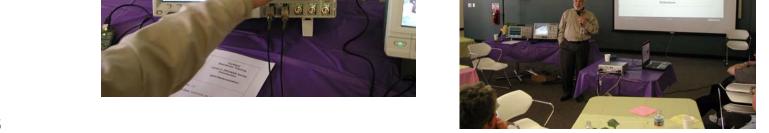






## Some photos frome the Volunteer Luncheon





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