

TEK RETIREE NEWS

Tektronix
Retiree
Volunteer
Program



Web Page: www.tekretirees.org

A Newsletter for and by Tek Retirees

NOVEMBER 2004



Bring magic into someone's life Get involved as a volunteer!

Elders in Action is a powerful voice for local seniors in the Portland area. Find out more below about how your skills will ensure seniors continue to be a vibrant part in their communities.

ELDERS IN ACTION COMMISSION: *"We tackle important issues."*

The Commission is the 31 member citizen advisory group that advises Multnomah County Aging and Disability Services, the Multnomah County, and the City of Portland on the concerns and needs of older adults in our community. With strong advocacy, this dynamic group has shaped the aging policy on all levels. The Commission meets the third Wednesday of the month from 1:00pm- 3:30pm and members have numerous opportunities to connect with public officials. Current action issues are: *Revenue Reform, Walkable Neighborhoods, Public Transportation.*

ELDER FRIENDLY EVALUATORS:

"Elder Friendly Means Business Cares!"

Business Evaluators: Volunteers 60 years or older learn how to evaluate local businesses for their "Elder Friendliness" and advise managers on how to better serve the older customer. This opportunity is perfect for someone who likes to shop, explore new businesses, and make their own schedule. Some of the things you will be trained to look for: Are price tags visible? Is the telephone system easy to use? Is customer service available when needed?

Training Date: Monday, February 14, 2005
9:30 AM – 12:00 NOON

Location: Elders in Action, 501 SW Washington St., Portland, OR

Web Evaluators: If you are 60 or older and would like to volunteer from the conven-

ience of your home, become a Web Evaluator! Help improve web access for older adults, accept assignments as your schedule allows. Some of the things you will be trained to look for: Are fonts large enough? Is navigation easy to use? Is there a contact number?

Ombudsman Services: *"We solve problems"*

This unique program trains volunteers to become Ombudsman and Community Educators and provide our services and programs in Clackamas, Multnomah, and Washington Counties.

Ombudsmen provide individual problem-solving assistance, advocacy, and emotional support to seniors and persons with disabilities in the areas of: housing, health care, and elder crime and abuse.

Community Educators help seniors avoid becoming victims of Scams, Fraud and other Bad Stuff. ID Theft, Predatory Lending, Medicare Fraud, Construction Fraud, and Breast Health and Diabetes Awareness are areas addressed, preparing you to effectively reach the community.

Volunteers receive 32 hours of training and make a commitment of 8–10 hours / mo.

Ombudsman Training:

(Held at Elders in Action in Portland)

March 2005

Community Education:

March 2005

2004 Healthy Changes for Living with Diabetes Group Leader Training

Become a Group Leader through our *Healthy Changes for Living with Diabetes* program to assist with weekly diabetes self-management groups for people 55+.

Training: March 2 & 3, 2005

9:00 AM – 4:00 PM

Aging Awareness Training: Thursday, January 13, 2005 – 4 hours

Volunteers will learn how to educate area employees about the unique needs of older adults and provide tools to improve their ability to communicate and provide improved services for seniors.

OFFICE VOLUNTEER

We need your part-time support in our office during busy times, or when your schedule allows! Answer phones, help visitors access resources and take on your own clerical projects. Monthly trainings are available to learn and share what you know.

Contact Elders in Action at 503-823-5269 or www.eldersaction.org for an application, class schedule updates or additional information.

Correction to ISEF article in the August 2004 Newsletter

By John Burgess

Thanks for your fine article titled "ISEF May 9-15, 2004", on the front page of your August 2004 newsletter.

I would like to point out a correction that needs to be made to your article, however.

The article says, "A team from Beaverton Technical High School won a top award for their fiber optic project." The correction is that there is no school named "Beaverton Technical High School", though that is an accurate description of the SST (School of Science and Technology) program at Merlo Station High School in the Beaverton School district. Merlo Station High School is a "magnet" high school offering a variety of programs for students with special abilities and needs. The SST program is for

(See ISEF Continued on page 2)

Christmas Gathering at Beaverton Elks

Come one, come all and have a grand time at the Christmas Gathering. All previous Tek employees & significant others are welcome.

Beaverton Elks

3500 SW 104th

Beaverton, Oregon

December 10, 2004

Time: 11:00 a.m. to ???

Organized by: Al Foleen

Phone: 503-651-2031

ISEF (continued from page 1)

top-notch students with special interests and abilities in science and technology. It is this program that Chris Verlinden and Phil Munoz attend and created the award-winning fiber optic project to which you refer.

John Burgess is the father of an SST student.

Cruise Out of Seattle

By Ray Arnette

My wife and I really enjoy cruising, but we dread having to fly to the port of embarkation. The time and hassle of going through airport security is enough that we usually depart an extra day early just to make sure we arrive with our luggage in time to board the ship. Airport delays and lost luggage are not the way to start a vacation. What would be ideal is to be able to take ground transportation to the ship. This spring we were delighted to discover that several cruise lines were sailing out of Seattle. We investigated the cruises being offered and found an 18-day trip going to Hawaii. We had been saying for years that we would someday go to Hawaii and this seemed to be the perfect time.

This cruise was ideal for us. The first six days the ship departed Seattle, went to Vancouver, BC where more passengers boarded, and then sailed to the big island, Hawaii. The next six days were spent visiting four islands (Hawaii, Kauai, Maui and Oahu). The last six days was the return trip to Seattle. For a first time visitor to the islands, this was a great way to see four islands without having to pack and unpack on each island hop. On a cruise, you take your hotel with you. The ship sailed at night, arriving in the next port around day-break. This gave us all day to visit that island, go on tours and of course shop for gifts and souvenirs. We had one day each on Kauai and Maui, and two days each on Oahu and Hawaii. The six-day voyages both coming and going, gave us plenty of time to rest and relax, and become acquainted with other passengers. Most of the passengers were from the Pacific Northwest and yes, I did meet a lady who worked at Tek for 30 years. No matter where I travel to, I almost always bump into a Tekkie.

We had a lot of fun on this trip, but I am not going to give you a travelogue on Hawaii. My intent is to tell you about the cruise benefits of sailing out of Seattle. Living in the greater Portland area, it took us three hours by car from our front door to Terminal 30 in Seattle where our ship docked. We didn't have to go a day early; we went the day of our departure (the ship sailed at

5 pm.). We didn't have to pay airfare or use frequent flier miles. Terminal 30 has two parking lots right on the pier. No transfers are required. The cost to park is \$10 per day. The total parking fee for our trip of \$180 was more than offset by the savings of not having to fly. But the best part was leaving home and in less than four hours, driving up to the terminal, parking and boarding the ship. Likewise upon our return, we disembarked from the ship, went through customs, got in our car and drove home. No airport hassles, no lost luggage, no transfers, and no missed connections. We saved time and money and arrived without the aggravation associated with airports.

If you like to cruise, I highly recommend a cruise out of Seattle. There are at least three cruise companies booking cruises from Seattle - Holland America, Princess and Norwegian. In the summer most of the cruises go to Alaska. However, in the spring and fall when the cruise companies are re-deploying their ships from the Caribbean to Alaska, or vice-versa, they run specialty cruises like our Hawaiian cruise. Of course if you are interested in an Alaska cruise, then sailing out of Seattle is the only way to fly (or not)!

Bicycling the Olympic Peninsula

By Louis Sowa

I belong to an outdoor club [The Trails Club of Oregon](#). This was traditionally a hiking club; however we now do a number of other activities including bicycling. This year we decided to do a ride around the Olympic Peninsula.

There were six of us, with Frank Tucker and myself representing ex-Tek employees. We were all retired and over age 63. We decided to have a sag wagon and take turns driving one day. We took my pickup which accommodated the six of us, our bikes and all our gear. We camped out, made our own breakfasts and lunches, then ate dinner at a local restaurant. We rode from 28 to over 60 miles per day on the days we rode. We took one day off from biking and hiked in the Temperate Rain Forest, which was a great experience. We, also, did some shorter hikes in the afternoons after riding.

We spent the second night in the backyard of Neil and Marsha Robin. You may recognize Neil as being the web master for our website. Neil and Marsha live on the water a little West of Port Angeles. Neil and I have been collaborating on the website without having actually met. It was a pleasure to finally meet and they were able to have dinner with us that evening. We had a bonfire in their backyard after returning from dinner.

Most of the roads were OK for bikes; however there is a stretch near Lake Crescent that has very little shoulder. Since we were a small group we were able to decide each evening the plan for the next day. We took the pickup to town for dinner except when we were close enough to walk. It gets dark too early in late September to bike to town in the evening.

Two-thirds of the temperate rain forest in the world is from Southern Alaska to Northern California. If you haven't spent time on the west side of the Olympic Peninsula I would strongly recommend it, whether by bike or car. The rainfall is over 100 inches per year; we were fortunate to have great weather with mostly sunny days. If you have access to the web check out the color pictures in the online version of the TRN on www.tekretirees.org



Publication Procedure

By Peggy Jo Berg

For the most part, I have enjoyed my involvement in TRVP and developing and publishing the quarterly Tek Retiree Newsletter as much as I enjoyed my twenty five years in TekGraphics. I enjoy it most when things go fairly smoothly. The month-late August issue was a good example of an un-smooth project and is the reason for this lament.

Believing that all was going well, I left the state to host a family gathering at our summer home on the Stillaguamish River in Washington.

The Editor, Louis Sowa, and I had the August issue completed on time and ready for the sporty publishing and mailing process. Proofs are sent to Tek for approval

(See **Publication** on page 4)

Retiree Deaths

Date: Aug, Sep, Oct, 2004

Abel, Harold – d. 8/27/2004

At Tek: 3/30/1959 to 1/5/1976

Balaquer, Velia – d. 9/2/2004

At Tek: not available

Blackburn, Luanna – d. 8/28/2004

At Tek: 9/26/1966 to 3/31/1983

Bockelman, Charles – d. 7/23/2004

At Tek: 6/1/1978 to 1/24/2000

Brandt, William – d. 9/1/2004

At Tek: 8/13/1979 to 5/27/1994

Brown, Ruth – d. 11/24/2003

At Tek: 3/19/1979 to 10/5/1999

Caris, Catherine – d. 8/12/2004

At Tek: 10/19/1969 to 1/9/1981

Charlet, Helen – d. 10/1/2004

At Tek: 5/12/1969 to 8/10/1990

Daniel, Roscoe – d. 8/7/2004

At Tek: 3/26/1951 to 6/25/1982

East, James – d. 8/18/2004

At Tek: 9/26/1966 to 12/1/1983

Epperson, Martha – d. 9/17/2004

At Tek: 5/7/1956 to 12/31/1974

Farrens, Della – d. 7/26/2004

At Tek: 11/3/1958 to 4/29/1983

Gellerup, Daniel – d. 8/7/2004

At Tek: 7/17/1978 to 1/7/1991

Grieshaber, Alma – d. 7/20/2004

At Tek: 1/30/1978 to 4/10/1987

Gulbranson, Lee – d. 9/2/2004

At Tek: 4/10/1978 to 6/20/1986

Hegele, W. – d. 9/18/2004

At Tek: 4/3/1961 to 1/30/1975

Jungels, Marie – d. 9/11/2004

At Tek: 1/11/1956 to n/a

Lewis, Boyd – d. 9/4/2004

At Tek: 12/5/1955 to 4/29/1983

Lowry, Ronald – d. 9/27/2004

At Tek: 3/16/1959 to 4/29/1983

Maans, Ranjit – d. 9/26/2004

At Tek: 4/11/1983 to n/a

Milkowski, Donald – d. 8-13-2004

At Tek: 9-4-1984 to 6-14-1996

Mc Coy, Daniel – d. 7/14/2004

At Tek: 7/2/1984 to 4/11/1997

Mc Coy, Franklin – d. 9/24/2004

At Tek: not available

Mortier, Georgia – d. 8/20/2004

At Tek: 9/8/1975 to 4/11/1986

Oberst, Carl – d. 8/11/2004

At Tek: 3/18/1959 to 11/1/1981

Olson, Eleanor – d. 8/2/2004

At Tek: 4/7/1966 to 8/26/1988

Palin, Bernice – d. 8/16/2004

At Tek: 4/9/1973 to 1/17/1986

Prijmak, Katherina – d. 9/27/2004

At Tek: 10/4/1976 to 11/30/1984

Scherr, Laverne – d. 10/18/2004

At Tek: 12/19/1956 to 4/2/1982

Schlagel, Eva – d. 10/12/2004

At Tek: 2/2/1959 to n/a

Scott, Anna – d. 5/21/2003

At Tek: 1/26/1959 to 6/19/1970

Sharp, Joan – d. 9/9/2004

At Tek: 9/25/1967 to 8/31/1988

Stephenson, Bill – d. 8/7/2004

At Tek: 10/11/1976 to 8/31/1988

Thompson, Roy – d. 10/5/2004

At Tek: 11/8/1965 to 7/31/1992

Tomlinson, Rober – d. 8/9/2004

At Tek: 4/1/1974 to n/a

Van Dyke, Arthur – d. 10/15/2004

At Tek: 9/17/1962 to 12/30/1988

Vilhauer, Virginia – d. 9/15/2004

At Tek: 9/20/1965 to n/a

Walker, Margaret – d. 10/6/2004

At Tek: 3/7/1977 to 8/22/1986

Wallace, Lynne – d. 9-9-2004

At Tek: 10-23-1974 to n/a

TekWeek 25 Years Ago

July 27, 1979

August 1: Traditional holiday by Bradley Norris—Facilities

Lammas is possibly the least known of our traditional holidays. It is August 1, and is the day that the Saxons consecrated bread made from the first of the harvest. Rural places in Britain today sometimes hold picnics in a common pasture on this day.

The Celts called the day Lughnasadh, and it was the first day of the quarter called Foghamhar. They held outdoor contests and the energy expanded was believed to give the sun god new life for the next year.

Lammas may well be the ultimate origin of the American custom of holding fairs at this time of year.

Lammas may be found in the most dictionaries and translates as “loaf mass.”

August 31, 1979

Thirty-one ITI ideas will save \$42,887

A total of 31 employee ideas were approved during Week 34 (Aug. 20-24) through the

Improvement Through Involvement (ITI) program at Tek locations in Beaverton, Wilsonville, and Vancouver with total savings of \$41,887.35.

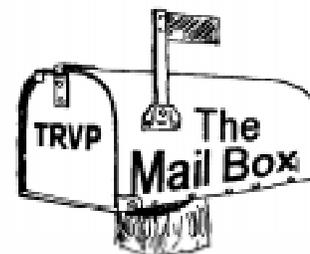
Debbie Kauffman (ITI) said two ideas last week in Donna Harwood Martyn's Camera Department will save \$8,456 annually.

The QC Test Group consisting of Jerry Wines, Tom Harshman, Craig Bonacker and Vuthy Tep developed a new test procedure to use as a reference system and assist in training.

Another Camera Group of Leslie Willard, Lucie Hopp, Darany Tith and Sheila Sutton developed new detailed, step-by-step procedures to use as a training tool.

Melba Herzberg in Dale LeBarron's ECB Electrical Test at Wilsonville suggested installation of a pot shaft during the last board assembly operation which will greatly reduce damage from the transportation and handling and save \$2,946.19 annually.

A total of 267 ideas have been approved since fiscal year 000 began for a dollar savings of \$4,331,201. Total dollars saved since Tek's ITI program began back in October 1976 is now \$1,966,329.



Karen Nieuwendorp – (daughter of W. Eugene (Happy) Hegele): Just wanted to let you know of my Dads passing on Sept. 18, 2004 at 92 ½. He so enjoyed having lunch last summer with the retirees he had worked with. I had the privilege of bringing him down for it. He was a joy and blessing to be with at anytime!

We want to thank Karen for her note, the service information and the very interesting story of his life.

Jay Burreson – I am retiring this Friday and at the end of October I will be moving to Fiji where I have built a house. I would like to continue to receive the Tek Retiree Newsletter if possible.

I plan on doing lots of diving, underwater photography, growing orchids, sitting on the beach, and travel. We have several trips already planned.

Tek Retiree News

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Editorial

In this issue we have two vacation articles. We would like to hear from more of you about what interesting activities you are up to if for fun or maybe an interesting hobby.

There are at least two purposes in publishing a TRN. One is to provide ideas and opportunities for now and the future. Another is to connect to our past, particularly that associated with Tektronix; there are a number of activities such as the gatherings at the Elks and the Shute Park Picnic in June. If you haven't attended any these events in the past and are able I hope you will join other retired Tekers at one of these functions.

Below is a picture of Frank Tucker, Louis Sowa (editor) and Neil Robin (webmaster.) See the web version for more (color) pictures.



Procedure (continued from page 3)

and some occasional editing. When it is returned, changes or corrections are made as required, then the digital file is sent to the printer. The printer delivers printed copies to the mailing service and our office. The mailing service processes the file, requests postage and eventually everything goes into the mail.

It is not uncommon to have an unforeseen delay or two in the process, but to have delays in nearly all steps is unusual. In August the latter seemed to be the case.

I went in the day the copies were delivered to Tektronix in order to mail out the Foreign (30 copies) and Supplemental copies (200 copies). A mailing service addresses and mails another 9400 copies. In the end we were a month late. We constantly work to improve the process and get them out in the month they are due.

Thanks for your positive feedback on the newsletter. It gives us the encouragement we need to keep them coming. If you have a computer, be sure to look at the online version where we are able to provide color photographs from time to time. Since the online version requires less production steps than the printed version it is available to those who have computer access

approximately two weeks earlier. If you have not done so already check it out at:

www.tekretirees.org

If you wish to be notified when the Web Page version is available and remove your name from the snail mail version send an email to Millie Scott at:

mlscott@easystreet.com

(With some words and music by George Smith, her assistant for the moment.)

Calendar

Marconi's Cronies

Meet the 2nd Wednesday of each month:
12:00 a.m.

at J.J.North's Buffet Restaurant
Northeast Halsey at 105th
Portland, OR

Contact: Jack Riley for details
Phone: 503-235-5267

CRT Luncheons

3rd Tuesday of each month at 11:30 AM
at the Home Town Buffet located at
13500 SW Pacific Highway in Tigard, OR

Contact: Jack Neff for details
1301 East Fulton St., Apt. 241
Newberg, OR 97132-1870
Phone: 503-538-5130

**Some Pictures from the
Olympic Peninsula Bike Ride**

